



## VANI (Virtual Articulation Narrating Instrument)

“Raise your words not your voice. It is rain that grows flowers, not thunder!” Wise words from Rumi that Inspire.

VANI is a 10-week coaching program that is completely focused on women that helps you identify your true Voice & potential! It’s all about dusting off the self-doubt to discover YOU! This is conceived & executed by Rashmi Shetty who is a **Self-expression Coach** who works with your Voice and Attitude on your journey to find out who you can be. What is the best version of yourself? This exploration can make you joyous. This joy can propel you to move into exploring how best you can evolve in order to express all that you have within.

When each one has a distinct voice how can a generic program work? Keeping this in mind the design is:

- 10 one on one coaching sessions of 30- 45 minutes each, customized for your voice to enable you to discover where your strength lies!
- VANI is also a 4-step framework that will be used as part of this 14-week program.
- Assignments & recordings that we will dissect as we understand assertiveness, Tone, power of words, modulation & discover the strength of your VANI!
- After the 10 sessions, a follow- up optional 4 practice session for 20 minutes once every week for the next 4 weeks with other graduates/ alone to build your vocabulary and speaking skills.



## FEEDBACK ON VANI

“Many thanks to The Third Eye and Mrs. Rashmi Shetty for taking me on a beautiful journey of self-discovery. Enrolling in the VANI program is the best decision I had made during the lockdown ...From narrating stories to making impactful presentation in a structured format, this program has definitely has increased the leadership quotient in me.” **Uma Maheshwari**

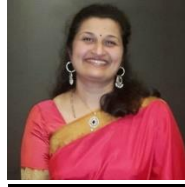
“Working with Rashmi Shetty has helped me to speak with greater inner freedom. The inner judge inside me wanted me to be ‘perfect’ and it used to restrict me. But in giving up the perfection, I found ease and flow. This is thanks to Rashmi’s coaching style where she herself goes with the client’s flow and needs; gives valuable feedback as well as technical tips on the how and what of your voice: pauses, expression, tonality, etc.”

**Rashmi**

“...Rashmi is the epitome of an ideal woman who embodies great confidence through her humility, her nurturing quality, the expertise of an experienced credentialed coach, her articulate and magnificent style of speaking demonstrated in all her interactions. These aspects of her instantly drew me to want to learn from the pages of her book. I have benefited in more ways than I ever imagined through her curated one-on-one sessions. It is a pleasure to connect with her, she is very resourceful and generous with her sharing, and I am very grateful to know her. Thank you, an awesome lot Rashmi!” **Sindhu**



## PROFILE



Rashmi Shetty is an ICF credentialed Professional Certified Coach and the founder Director of The Third Eye. This **Self-Expression Coach & Podcaster** believes that, “Your ATTITUDE decides your ALTITUDE.” She loves working with the voice & attitude of her clients. A certified DISC Assessor; EFT, NLP, TA101 are what she uses in her assignments. Combining these learnings with an in depth understanding of the Bhagavad Gita has connected the many dots of her life. These lessons have helped her craft her leadership & coaching programs.

A catalyst with women leaders in transition, her coaching program "**Power of W**" is devised to bring about the balance from within. Her National & International award for scripting & narrating radio Documentaries, and a 17-year parallel experience in the voice industry, emceeing, voice overs, scripting & narrating documentaries gives her an amazing understanding of the virtual communication. A decade as an RJ & a chat show host totally enhanced her understanding of the power of self-expression! All these learnings are what she puts into an exclusive one on one coaching program open to women called **VANI** (**Virtual Articulation Narrating Instrument**). In order to enhance their virtual presence working on the VOICE & Attitude elements that are key to dust off self-doubt.

In February 2021 she started a podcast called “U n’ I with Rashmi Shetty” where she interviews people who have inspiring stories of going beyond their comfort zone.

She was honored with the “Iconic woman creating a better world for all” award in July 2020 from the Women Economic Forum & is also an active member with a global body called Climate Coaching Alliance. For more details you can visit:  
[www.coachrashmishetty.com](http://www.coachrashmishetty.com)