



## **Framework for VOICE Coaching**

“Communication works for those who work at it.” – John Powell

There cannot be a better way to understand the power of practice to honing your communication skills. Regular inputs & practice can bring about a big change. These sessions (minimum 6, maximum 10) will be working on Vocal Elements to build Vocal Presence.

The following topics will be covered in the sessions:

- Power of Right Breathing
- How to build language skills
- The nuances of virtual meetings
- Sense of humor
- Tips on building Vocabulary
- Emotions, Voice Modulations & facial expressions
- Thinking on your feet
- Fun as an integral part of presentations
- Impactful presentations
- Well comprehended & interesting presentations
- How to control voice & emotions
- Stress management to enhance voice
- Filling the speaker toolkit



## **Methodology:**

One on one coaching sessions will be offered over the zoom platform on the decided day & time for 45 minutes & one hour for an offline session. (In case of a hybrid mode)

- If there are any changes in the agreed time there needs to be a day's prior notice other than an emergency.
  - The content of coaching sessions will be completely confidential between the coachee & coach.
  - Each session will last for 45 minutes that may stretch to 60 mins max.
  - Punctuality is expected & appreciated. Any delay will not be liable to call for an extension.
  - Assignments mutually agreed upon should be completed by the next session.
  - Complete focus will be on communication skills.
  - There will be an optional complimentary session to clarify any more doubts if the coachee requires it post the 10 sessions.



## **TESTIMONIALS**

### **Anil Kumar P V:** Sr. Director

“I had the opportunity to have multiple discussions and sessions with Rashmi Shetty for the last several months. I can tell that it has been an amazing experience talking to her and getting a different perspective in life. She put forth the things in a very subtle and simple way which makes you feel what changes that you will have to do with yourself to become a better version of yourself. I can say that every session with Rashmi, i was eagerly looking upon and become very energized after the session. Thanks, Rashmi, for these sessions and wishing you all the very best. “

### **Aamir:** Sr. Leader & IT Professional

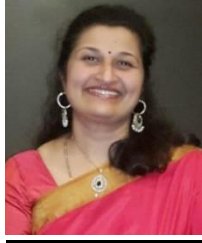
“Working with Rashmi Shetty was a delightful experience. Not only is she a subject matter expert and professional in her domain, her energy is infectious and she is someone you feel extremely comfortable opening up to which is so critical to discover your true potential. She exhibited a genuine interest in my progress and development during and even after the program, and in that regard, I found her work ethic unparalleled. An excellent coach and human being one can learn a lot from.”

### **Gunjan Pai:** Founder Copylove; Copywriter & Branding Solutionist

"Rashmi is an absolute delight to learn from. I took her course to learn public speaking. But she took me on a whole different and deeper journey into myself. While she emphasised on discovering my inner voice, what I ended up unfolding is my inner self. From my childhood tales, to my inspirations, she helped me unravel everything that was unique and special to me. It was so beautiful to go on that journey with Rashmi, who guided me ever so gently with her sweetest smile. Thank you, Rashmi, for making me meet myself. Lots of love.



## PROFILE OF RASHMI SHETTY



Rashmi Shetty is the Founder Director of The Third Eye and comes with an eclectic mix of experiences as a Popular speaker, Radio Jockey, Coach, Facilitator, Emcee, and Visiting faculty to colleges in Bangalore, India. A Masters in Public Administration she started off teaching before she moved into different sectors and roles. She is a Professional Certified Coach (PCC) from the International Coaching Federation (ICF). She now serves on the Global Board of the ICF Foundation. Her foray into the broadcasting medium introduced her to the power of VOICE that she now uses as her framework in her one-on-one exclusive coaching sessions with CXOs & senior leaders on Vocal Presence. It is this framework that she brings into play at deeper leadership levels that build in the importance of the Gift we are blessed with, our VOICE & self-expression. Her global clients have hugely benefitted from her coaching.

VANI (Virtual Articulation Narrating Instrument) is her exclusive women coaching program to navigate them to get in touch with the #voiceinme. It is magical once a woman connects to the voice within! She recently graduated from the first ever LinkedIn exclusive 10 week "LinkedIn Creator Accelerator Program" as one of the top 200 creators selected across India by LinkedIn.

A National & International Award winner for scripting & narrating Radio Documentaries underlined her calling to her. She was honored with the "Iconic woman making a better world for all" by the Women Economic Forum. She hosts a weekly human library audio podcast on Personal Journeys called "**U n' I with Rashmi Shetty**" that can be heard on all popular podcast platforms. This podcast won the Hub Hopper Podcast award in the "Interview" category on world Podcaster's Day in 2022. The podcast was selected by Anchor in the top 5 in India in the Anchor Spotlight list of January 2023. Climate is an important element in her coaching conversations and she is an active member of a global movement called the Climate Coaching Alliance.

For more details you can visit: <https://coachrashmishetty.com>