



164, R.M.V. Extn, 2nd stage 10th cross, 3rd main Bangalore - 560 094 ②9844257627 rashmi.thethirdeye@gmail.com

# **VANI** (Virtual Articulation Narrating Instrument)

"Raise your words not your voice. It is rain that grows flowers, not thunder!" Wise words from Rumi that Inspire.

VANI is a 10-week (45 mins) or 5-week (90 mins) one on one customised coaching program that is completely focused on women that helps you identify your true Voice & potential! It's all about dusting off the self-doubt to discover YOU! This is conceived & executed by Rashmi Shetty who is a VOICE & Vocal Presence Coach who works with your Voice and Attitude on your journey to find out who you can be. What is the best version of yourself? This exploration can make you joyous. This joy can propel you to move into exploring how best you can evolve in order to express all that you have within. When each one has a distinct voice how can a generic program work?

## Keeping this in mind the design is:

- These one-on-one coaching sessions, customized for your voice to enable you to discover where your strength lies.
- VANI is also a 5-step framework called VOICE that will be used as part of the coaching sessions.
- Assignments & recordings that we will dissect as we understand assertiveness, Tone, power of words, modulation & discover the strength of your VANI.
- If there are any changes in the agreed time there needs to be a day's prior notice other than an emergency.
- The content of coaching sessions will be completely confidential between the coachee & coach.
- Each session will last for 45 /90 minutes. Punctuality is expected & appreciated. Any delay will not be liable to call for an extension. A **NO SHOW** is considered as session complete.
- Assignments mutually agreed upon should be completed by the next session.







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## **FEEDBACK ON VANI**

#### Veena, Entrepreneur

When I first heard about VANI, I wasn't really sure of how online classes could help me speak confidently or address an audience but with every session, I learned so much more. Right from voice modulation to being comfortable and confident, to letting go of my inhibitions and apprehensions whilst staying focused on the subject at hand and speaking with ease.

Her techniques on public speaking and guidance have helped me immensely and I've applied the same principles in my business. The weekly assignments kept me on my toes and had me thinking on all the different talking points and it helped me to talk on varied subjects with ease.

Thank you, Rashmi, I'm happy to have undertaken this and truly appreciate all the help you've accorded me with and your efforts and guidance were a big part of this fruitful journey. I'm a much more confident speaker owing to you and I promise to continue to practice and achieve my goals.

### Swati, Professional at tech company

Thanks for all the enlightening and engaging sessions of VANI.

VANI - Such an appropriate name given to the program and you have done complete justice to it in bringing out that hidden and hesitated voice in me. I consider myself fortunate enough to get your guidance and coaching through this program. It has definitely created a valuable impact that I was looking for. The hands-on activities and discussions kept me engaged, and by the end, I felt confident in applying what I learned.

Your usage of examples and simplicity in which you explained a concept is commendable.

These sessions truly made a difference! Thank you once again.







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#### **PROFILE**



Rashmi is the Founder Director of The Third Eye and comes with an eclectic mix of experiences as a Popular speaker, Radio Jockey, Coach, Facilitator, Emcee, Podcaster and Visiting faculty to colleges in India. A Masters in Public Administration she started off teaching Post graduates before she moved into different sectors and roles. She is a Professional Certified Coach (PCC) from the International Coaching Federation (ICF). She now serves in the Global Board of the ICF Foundation as Chair.

A VOICE & Vocal Presence Global coach, she is an amalgamation of the Big 4, IT, ITES, FMCG, automobile manufacturing industries she has on her client list. Her journey as an RJ introduced her to the power of VOICE that she now uses as her coaching framework that she brings into play at deeper leadership levels that build in the importance of the Gift we are blessed with, our VOICE & self-expression.

Her National & International award for scripting & narrating radio Documentaries, and a two-decade parallel experience in the voice industry, emceeing, voice overs, scripting & narrating documentaries gives her an amazing understanding of the virtual communication. A decade as an RJ & a chat show host totally enhanced her understanding of the power of self-expression!

All these learnings are what she puts into an exclusive one on one coaching program open to women called VANI (Virtual Articulation Narrating Instrument). In order to enhance their virtual presence working on the VOICE & Vocal Presence elements that are key to dust off self-doubt.

A National & International award-winning broadcaster, she hosts the 2022 Hub hopper award-winning human library audio podcast called "U n' I with Rashmi Shetty" where she interviews people who have inspiring stories of going beyond their comfort zone. It was selected by Anchor as the top 5 podcasts in India, in the 30 +, minutes category in January, 2023.

For more details you can visit: www.coachrashmishetty.com

